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PSYCHOLOGY AND MODERN NOVELS-A REVIEW

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ABSTRACT

Psychology and literature are strongly correlated as both of them deal with human beings and their relations, perceptions of the world, miseries, wishes, desires, fears, conflicts, methods and approaches. Basically, a novel is a work of long fictional prose which has the elements of characterization, point of view, plots, conflicts and settings and modern novel is a part of literature which recognizes and records the changes in every aspects of human surroundings. It also writes about the changes in behaviour and thinking of human psyche and society. In novels we can see long narrative work of fiction which is somehow little bit mixture of realism. Where reality is present and even if not, psychology is still present in that novel. Because in a novel there are characters and while explaining the characters of the novels their behaviours are automatically exposed and that's where psychology connects with literature or with novels or more specifically with modern novels. A psychological novel is a work of prose fiction which places more than the usual amount of emphasis on interior characterization, and on the motives, circumstances, and internally action which springs from, and develops, external action.

Keywords- Literature, Modern Novel, Psychology, Character.

1. Introduction

“Psychology and Modern Novel”, My goal here is to connect psychology with literature as well as novel or specifically modern novel. In this modern era English literature is upgrading in every second. With modernization the structure of writing novels have changed, the languages also changed from time to time. From the very beginning to till now psychology was always there with or without writer's knowledge. In modern novels its present is more significant. Let's discuss it more deliberately.

First let me discuss what psychology is. “Psychology is the scientific study of the mind and behavior” – American Psychological Association. In short psychology is actually understanding human behaviour like how they talk, how they think, how their behaviour changes according to their surroundings and how they react on different situations. This process of understanding human behaviour is what we call psychology.

In novels we can see long narrative work of fiction which is somehow little bit mixture of realism. Where reality is present and even if not, psychology is still present in that novel. Because in a novel there are characters and while explaining the characters of the novels their behaviours are automatically exposed and that's where psychology connects with literature or with novels or more specifically with modern novels.

2. Modern Novel

Modern novel is realistic. It deals with all the facts of modern life, the pleasing as well as the unpleasant, the attractive as well as the unpleasant and does not present merely a one-sided view of life. Life is presented with detached accurate, regardless of morals or ideological considerations. The griefs of the poor, their unhappiness and unhappiness, as well as good in them, their sense of social harmony, their feeling and sympathy are convincingly presented.

Modern American literature comprises twentieth and twenty-first century fiction, poetry, and theatre. The era is marked by two noteworthy artistic movements: modernism and postmodernism. Modernism describes the avant-garde styles of the early twentieth century, while postmodernism describes the period of art that evolved after World War II.

Some critics still believe that the finest and the first modern psychological novel is produced by D. H. Lawrence.

3. Psychology

As stated by American Psychological Association that psychology is the scientific study of the mind and behaviour. Psychology is a multifaceted discipline and includes many sub-fields of study such parts as human growth, sports, health, clinical, social behaviour and reasoning processes.

A psychological novel is a work of prose fiction which places more than the usual amount of emphasis on interior characterization, and on the motives, circumstances, and internally action which springs from, and develops, external action.

It is believed that "The Tale of Genji" Is the world's first novel, the first modern novel, the first psychological novel. In a psychological novel the sensitive reactions and inside states of the characters are influenced by and in turn trigger external events in an expressive relationship.

In the psychological novel, plot is subordinate to and reliant on upon the searching delineation of character. Events may not be presented in sequential order but rather as they occur in the character's thought associations, memories, imaginations, contemplations, inspections and dreams.

Samuel Richardson's Pamela (1740) opined that William Shakespeare's Hamlet is perhaps the major early example of it in melodramatic form. Although a clearly psychological approach is found among the initial English novels. Tristram Shandy (1759-67) stated that from the heroine's point of view, and Laurence Sterne's introspective first-person narrative. The psychological novel touched its full potential only in the 20th century. Its growth coincided with the growth of psychology and the findings of Sigmund Freud, but it was not essentially a result of this. The powerful insight into psychological difficulties and unconscious motivations characteristic of the works of Fyodor Dostoyevsky and Leo Tolstoy. The thorough recording of external events' impingement on individual consciousness as practiced by Henry James, the associative remembrances of Marcel Proust, the stream-of-consciousness technique of James Joyce and William Faulkner, and the constant flow of experience of Virginia Woolf were each inward at self-sufficiently.

One of the greatest writers of the genre was Fyodor Dostoyevsky. His novels deal powerfully with thoughts, and characters who exemplify these ideas, how they play out in real creation circumstances, and the worth of them, most particularly The Brothers Karamazov and Crime and Punishment.

So, from the early age of 1344 to till now psychology and literature or novel or to be more exact modern novel is Co-related with each other in a very strong way.

4. Conclusion

I think in every novel psychology is always present with or without the writers consent. If any novel has characters than it includes their behaviour and psychology is all about human behaviour and all. So we can easily say that from the beginning of long story or novels, psychology is always there. Psychology is always a part of modern novel.

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